

# Yukon Influenza Surveillance Report Influenza Season: 2009-2010 Summary Report FluWatch Week 47 (Nov 22-28, 2009)

\*\*\*All data are provisional and subject to change as information is received.

Prepared by Yukon Communicable Disease Control

Report Written: Dec 4, 2009 Disseminated: Dec 4, 2009

## **Report Highlights**

This surveillance report produced by YCDC summarizes influenza activity in the Yukon for the 2009-2010 season, including FluWatch Week 47 (Nov 22-28, 2009). Please note that FluWatch reports are produced one week behind the current date.

2009-2010 FluWatch Weeks Calendar: <a href="http://www.phac-aspc.gc.ca/fluwatch/09-10/09-10cal-eng.php">http://www.phac-aspc.gc.ca/fluwatch/09-10/09-10cal-eng.php</a>

During week 47, all surveillance indicators continue to demonstrate declining influenza activity. However, influenza activity remains higher than normal for this time of year. There were no new hospitalizations with confirmed pH1N1during week 47. Included in this report is the proportion of the population that has received pH1N1 vaccination since the campaign began October 26, 2009.

## Pandemic H1N1 (pH1N1) Severe Outcomes

#### Hospitalizations

There were no new laboratory confirmed hospitalizations during week 47. Since October 20th, there have been 14 pH1N1 Yukon cases admitted to hospital. Among hospitalized cases 12 of the 14 had at least one risk factor for influenza complications. 3 out of 14 hospitalized cases have been admitted to ICU.

#### Deaths

Yukon has reported 2 laboratory confirmed pH1N1 related deaths. The first death occurred during week 44, in a female child with underlying health conditions. The second death occurred during week 46 in an adult female, underlying health conditions were not present.

## FluWatch Reporting

Based on FluWatch activity level definitions, Yukon has reported the following activity levels:

FluWatch activity level definition

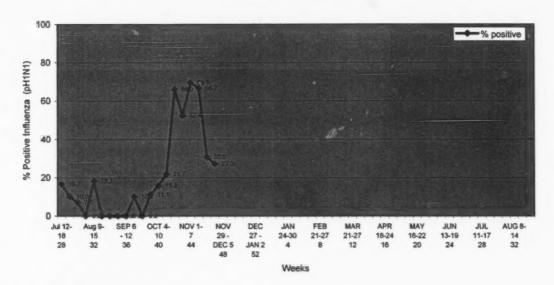
http://www.phac-aspc.gc.ca/fluwatch/09-10/def09-10-eng.php

Week 47

Sporadic: Sporadically occurring ILI and lab confirmed influenza together with no outbreaks detected within the surveillance region.

## **Laboratory Reports**

Percentage of respiratory specimens testing positive for influenza A was highest during week 44, when percent positivity was 69.6%. Since week 45, percent positivity has continued to decline. During week 47, 27.3% of specimens were positive for influenza A. Of all positive influenza specimens, 100% were subtyped as pH1N1.



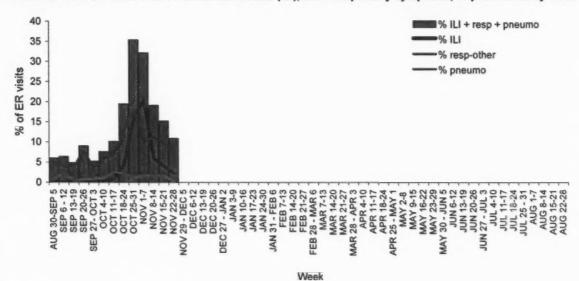
## **Communities with Laboratory Confirmed pH1N1**

Cumulative laboratory information indicates that since April, 2009 Whitehorse and 9 out of 13 surrounding communities have had confirmed pH1N1 case reports. \* please note that this represents cases that have been followed by YCDC to date, follow up of positive cases is ongoing.

## Whitehorse General Hospital Emergency Visits

The percentage of presentations to the WGH emergency department with influenza-like illness (ILI) decreased in week 47. The proportion of visits for ILI, other respiratory symptoms, and pneumonia combined also decreased. From week 42 through week 44 (Oct 18-Nov 7), the percentage of presentations with ILI increased from 4% to 20%. In week 47, the percentage of presentations with ILI was 2%. The influenza assessment centre was open during weeks 44 to 47.

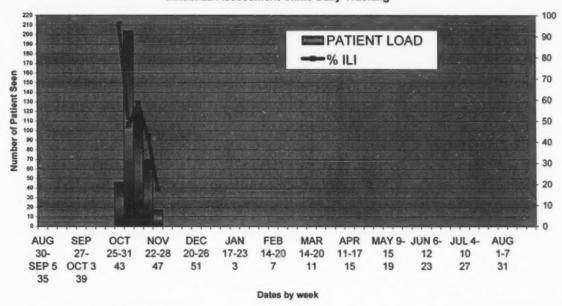
Percent of WGH ER visits with influenza-like illness (ILI), other respiratory symptoms, or pneumonia by week



#### Influenza Assessment Clinic

This downtown Whitehorse clinic opened its doors on October 30<sup>th</sup>, 2009. The following graph depicts patient volume from October 30<sup>th</sup> to November 27, 2009. The clinic's last day of operation was November 27th, 2009. Closure of the clinic was due to low volume of utilization.

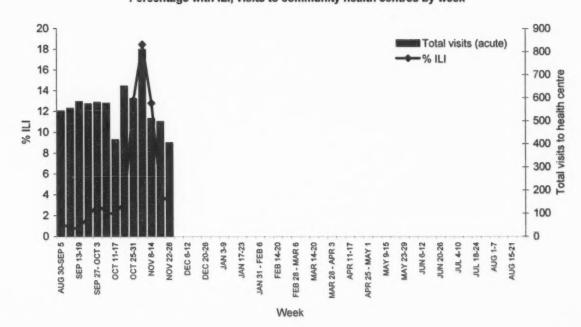
Influenza Assessment Clinic Daily Tracking



### **Community Health Centres**

Influenza-related visits to Community Health Centres (rural Yukon) increased substantially during weeks 42-44 while decreasing activity was seen from week 45 on. During week 47, the proportion of ILI related visits have returned to similar levels experienced in week 42 and earlier.

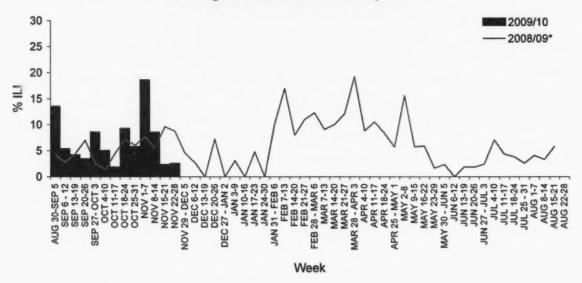
Percentage with ILI, visits to community health centres by week



## Sentinel physicians/sites

The percentage of patients presenting to sentinel physicians or sites with ILI in week 47 was 2.5%. The highest proportions of ILI have been seen in the younger age groups (0-4 years, followed by 5-19 years). During the 2008/09 season, an average of five sentinel reports were received each week. A new recruitment of sentinel physicians and sites occurred in July 2009. There are presently 18 sentinel physicians/sites across the territory; 72% of sentinels reported in week 47. Yukon's sentinel surveillance system is comprised of all Community Health Centres and participating physicians. (FluWatch Sentinel Surveillance Information <a href="http://www.phac-aspc.gc.ca/fluwatch/sent-eng.php">http://www.phac-aspc.gc.ca/fluwatch/sent-eng.php</a>)

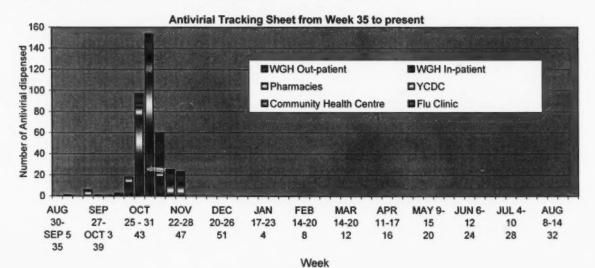
#### Percentage with ILI, visits to sentinels by week



\*2008/09 weeks are slightly different than those shown (following the Sun-Sat weekly pattern).

## **Antiviral Prescriptions/Dispensing**

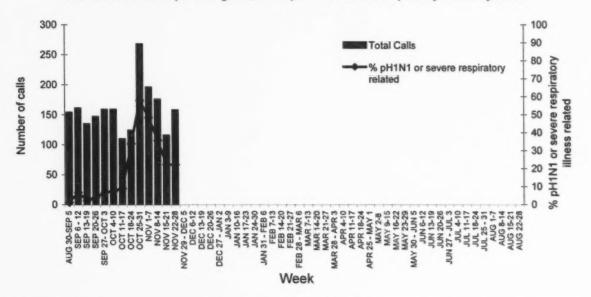
From week 42 to week 44, there was a sharp increase in antiviral dispension in the Territory. The highest number of antivirals was dispensed in week 44, with 154 individuals given antivirals. Antiviral dispension dropped in weeks 45, 46 and 47. *Please note data collection is ongoing.* 



#### HealthLink 811

The percentage of calls related to Influenza A pH1N1 or severe respiratory illness sharply increased in weeks 42 and 43 compared to previous weeks. During week 43, 58% of HealthLink 811 calls were related to pH1N1 or severe respiratory illness, with 45% of callers requesting information on symptom management and/or guidance. Week 43 saw an increase in overall call volume to HealthLink as well. During weeks 44 to 47, a decreasing proportion of HealthLink calls has been related to pH1N1 or severe respiratory illness.

#### Number of calls and percentage related to pH1N1 or severe respiratory illness by month



Calls related to pH1N1 or severe respiratory illness by type of call

Week ending	Oct 17	Oct 24	Oct 31	Nov 7	Nov 14	Nov 21	Nov 28	Dec 5	Dec12	Dec 19	Dec 26	Jan 2
Week	41	42	43	44	45	46	47	48	49	50	51	52
Triage	70.0	73.8	44.5	58.9	47.6	50.0	17.1					
Education	30.0	26.2	54.8	40.0	42.9	30.8	74.3					
Wayfinding	0.0	0.0	0.6	1.1	9.5	19.2	8.6					

Note: Triage = caller requesting information on symptom management/guidance; Education = caller requesting information about an illness or condition; Wayfinding = caller looking for contact or service directions

### **Outbreaks**

On October 29th, 2009 (during week 43) YCDC was notified of an influenza outbreak within the Whitehorse Correctional facility. The outbreak was contained to fewer than 10 residents who developed symptoms during their stay at the facility or who exhibited symptoms of influenza upon admission. Causative organism of the outbreak was identified as pH1N1. This outbreak was declared over on November 16th, 2009

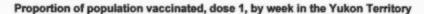
No additional facility outbreaks have been reported since week 43.

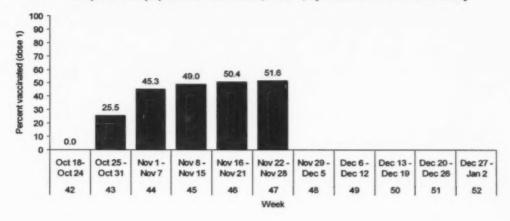
#### **Schools**

During week 47, there were no reports of high absenteeism in schools.

### **Immunization**

The percentage of the population vaccinated with one dose against influenza A pH1N1 reached 51.6% in week 47. The age groups with the highest proportions vaccinated (dose 1) are those 6 months to 4 years and those 65 year or older. Vaccine administration is ongoing.





Proportion of population vaccinated, dose 1, by age group by November 28, 2009

Age group	% Vaccinated		
6 mo - 4 years	67.7		
5-18 years	54.7		
19-29 years	33.3		
30-39 years	49.9		
40-64 years	53.7		
65+ years	66.2		
TOTAL	51.6		

\*Data provided by the Community Nursing Vaccination Program.

## **Adverse Events Following Immunization**

Of 17,638 doses administered from October 26 to December 4, 2009, 24 adverse events following immunization have been reported. Half of these events were reports of local reactions, and half were reports of allergic reactions. None of the events fit the criteria for serious adverse events, and none required hospitalization.

Obtained from: BRITISH COLUMBIA INFLUENZA SURVEILLANCE BULLETIN 2009 -10: Number 8. Week 47

November 22-28, 2009

#### Canada

FluWatch

During week 46, all national influenza activity indicators decreased. ILI consultation rates decreased for the second consecutive week from 111 (in week 43) to 57 consultations per 1000 patient visits in week 46; this is above the expected range for this time of year. People under 20 had the highest consultation rates. The proportion of tests positive for influenza was 34.3%, a decline from the previous week. Over 99% of all subtyped influenza A specimens were positive for pH1N1; 2 specimens were positive for H3N2 and none were positive for seasonal H1N1. One specimen was positive for influenza B. Geographically BC, Saskatchewan, Quebec and Newfoundland reported widespread activity. <a href="www.phac-aspc.gc.ca/fluwatch/">www.phac-aspc.gc.ca/fluwatch/</a>

## National Microbiology Laboratory

**National Microbiology Laboratory** 

Between September 1st and November 26, 2009, 314 influenza isolates were collected from provincial and hospital labs and characterized at the National Microbiology Laboratory (NML):

310 A/California/07/2009 (H1N1)-like§ from BC, AB, SASK, ON, QC, NS, NT, & NU;

2 A/Brisbane/59/2007(H1N1)-like† from AB & QC;

1 A/Brisbane/10/2007(H3N2) -like† from ON;

1 B/Brisbane/60/2008-like† from ON

§ A/California/07/2009 (H1N1) is the variant reference virus (pH1N1) selected by WHO for a pandemic influenza A/H1N1 vaccine.

† indicates a strain match to the 2009-10 vaccine

#### Antivirial Resistance

Drug susceptibility testing at the NML between September 1st and November 26th, 2009 indicated that most pH1N1 (n=255) isolates were sensitive to oseltamivir, 3 viruses were resistant. All influenza B isolates (n=1) and influenza A/H3N2 isolates (n=2) tested were sensitive and the one seasonal A/H1N1 isolate tested was resistant. All pH1N1 (n=220), seasonal H1N1(n=2), A/H3N2 (n=2) and influenza B (n=1) isolates were sensitive to zanamivir. All pH1N1 (n=231), and A/H3N2 (n=7) isolates were resistant to amantadine. One isolate for seasonal H1N1 was sensitive and one was resistant to amantadine. Global surveillance has shown that circulating pH1N1 viruses are resistant to amantadine but remain sensitive to zanamivir and oseltamivir, although sporadic cases of oseltamivir resistance have been observed worldwide.

### International

In the United States (http://www.cdc.gov/flu/weekly/), in the week ending November 21st, influenza activity continued to decrease. 20.5% of respiratory specimens tested in reference laboratories in week 46 were positive for influenza, and over 99% percent of the subtyped influenza A viruses were pH1N1. 0.3% of specimens tested positive for Influenza B. The proportion of sentinel physician visits for ILI decreased to 4.3%, this is above the seasonal peak for last year. The proportion of deaths attributed to pneumonia and influenza was above the epidemic threshold for the seventh consecutive week.

In Europe for the week ending November 27 influenza activity remained high. Twenty-seven countries reported activity above baseline values, 13 reported an increasing trend. 45% of sentinel laboratory samples were positive for influenza, this proportion is similar to that typically observed

### Pandemic H1N1 Influenza Web Sites

Yukon H&SS www.hss.gov.yk.ca/

PHAC: www.phac-aspc.gc.ca/alert-alerte/swine 200904-eng.php

BCCDC: www.bccdc.ca/dis-cond/a-z/ h/HumanSwineFlu/default.htm

www.health.gov.bc.ca/pandemic/response/index.html

US CDC: www.cdc.gov/swineflu/index.htm

WHO: www.who.int/csr/disease/swineflu/en/index.html

## **Acronyms**

ILI: Influenza-Like Illness

pH1N1: Pandemic H1N1 influenza or swine origin influenza

WHO: World Health Organization



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